

# Risk Reduction Observation Notes: Follow-Up Session Positive HIV and HCV Results

Risk Reduction Specialist: \_\_\_\_\_ Observer: \_\_\_\_\_

Session Date: \_\_\_\_\_ Site/Location: \_\_\_\_\_

Did this Risk Reduction Specialist also do the initial counseling for this client? ☐ Yes ☐ No

**Instructions:** Use this form during the risk reduction session to take notes. Use Form A-5, *Risk Reduction Observation: Follow-Up Session for Positive HIV and HCV Results*, for your final documentation.

## Orient to Session and Provide HIV and HCV Test Results

- Introduce
- Confidentiality
- Verify HIV results
- Readiness
- Provide clearly
- Allow time
- Client understanding
- How coping
- Immediate concerns
- Challenges of + result
- Verify HCV results
- Readiness
- Provide clearly
- Allow time
- Client understanding
- How coping
- Immediate concerns
- Challenges of + results
- Other test results

## Identify Sources of Support and Provide Referrals

- Assess who client will tell
- ID support
- Referral to confirm HCV
- Wellness strategies
- Healthcare resources
- Share results with MD
- Access to services
- Receptiveness
- Help access
- Address HCV ambiguity

## Address Risk Reduction Issues

- Review step
- Plan for current partners
- Future partners
- Disclose status
- Protect others HIV
- Protect others HCV
- Protect liver
- Revise step
- Document step

### Negotiate Disclosure and Partner Referral for HIV

- Transition to PE/PN
- Problem solve
- Elicit # total
- Elicit marriage
- Names, then locating/id
- Options for PN
- Coach on client referral
- Negotiate follow-up
- Provide support

### Summarize and Close the Session

- Validate feelings
- Summarize
- Review contact info
- Client immediate plan
- Close

### Use of Counseling Skills, Concepts, and Components

### Other Comments